

# Course Syllabus

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# MARIAN UNIVERSITY

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## Indianapolis

Students are responsible for reading and understanding the contents of this syllabus before the first day of class.

### Course Description

This course will cover all the basics of human nutrition and to the relationships between nutrition, health, and disease prevention. Students will be expected to integrate what they will learn about nutrition with their knowledge of chemistry and physiology.

**Credit Hours:** 3

### Instructor Information

**Instructor:** Pennie Rogers

**Contact:** via Canvas email

### Required Textbook(s) and Additional Resources

Stephenson, T.J. & Schiff, W.J. (2019). *Human Nutrition: Science For Healthy Living*. 2<sup>nd</sup> edition. McGraw-Hill Education.

ISBN: 978-1-259-70995-1.

Students are required to purchase the items listed above prior to the start of the course. Look into all of your options - new, used, rental or e-books. If you choose a rental option, be sure to understand the policies and the due dates for the returns. While you have the option to obtain your course materials from any source, ordering from the MU Book Store can be a convenient option. Please note that you can also charge bookstore purchases to your student account or use your MU financial aid if applicable.

Visit [www.bkstr.com/arianustore/home](http://www.bkstr.com/arianustore/home) [\\_ \(http://www.bkstr.com/arianustore/home\)](http://www.bkstr.com/arianustore/home).

### **Marian University Writing Center:**

Whether you'd like to sound out ideas before writing them down, discuss strategies for organizing and developing written thoughts, or want extra help in charting revisions and edits, Marian University Writing Center tutors are eager to work with you.

The Marian University Writing Center is pleased to offer a range of services including Spanish language writing tutorials, writing workshops, online tutorials, and graduate student tutorials.

Walk-ins are always welcome to meet with a Writing Center peer tutor at Clare Hall 021 or at our other campus satellite locations. However, appointments may be created by visiting [www.marian.edu/writing-center](http://www.marian.edu/writing-center) [\\_ \(http://www.marian.edu/writing-center\)](http://www.marian.edu/writing-center) <http://marian.mywconline.com/> [\(http://marian.mywconline.com/\)](http://marian.mywconline.com/) and are suggested (especially during peak demand times).

Helpful student resources as well as more information about the Writing Center's services are available at [www.marian.edu/writing-center](http://www.marian.edu/writing-center)

### **Tutors:**

Tutors are available through the "Learning and Counseling Center" (317-955-6150). In the event you're having a problem with this course, please don't ignore it, because the course material typically does not get easier as we go along. It is up to you to contact the center to request a tutor. The tutors are competent and have a good background in the course material.

## **Course Outcomes**

Upon completion of the course, the student should be able to:

1. Conduct a thorough nutritional analysis
2. Design an effective nutritional program based on this analysis
3. Make productive and effective linkages between such a nutritional program and the resultant components related to health and disease prevention.

4. Use this experience as a way to prepare to pass a nationally-recognized certification in nutrition or as a Well Coach.

## Teaching Strategy and Student Expectations

### Teaching Strategies:

Lecture, DVDs, handouts, small group work, written assignments, class presentation and discussion, power points, current media news

*A detailed list of assignments and due dates is available on Canvas.*

### Expectations:

1. Please remember, your online instructor will expect the same courtesy and behavior from you that he/she would expect if you were in a face-to-face class. The difference is that in a traditional classroom-based course, your instructor would also have visual and auditory cues on which to judge student comments. Please keep this in mind.
2. In the MAP online courses, all communication must be done through the Canvas email system.
3. Be sure to check announcements in the Canvas LMS daily!
4. Instructors may not be able to respond to your email right away; however, they will respond to you within 48 hours.
5. Cheating and plagiarism will not be tolerated.
6. While students may register for classes up to the posted registration deadline, the instructors will not make special accommodations for students who do not have access to their book(s) or lab kit/access when the course begins.
7. Your instructor is not an advisor. The instructor's role is to provide and deliver academic course content and guidance to the students on the course roster. Examples include providing lectures, answering questions, responding to student e-mails that are content related, and grading work product in a timely manner.
8. Instructors do not give financial advice nor can they handle financial issues, questions, or concerns of the students, or make special accommodations due to a student delay in ordering course materials, such as textbooks and labs. Instructors cannot act as advisors or withdraw you from a course. For any concerns other than the academic content of the course, please contact your advisor or a member of the MAP staff.
9. Please review the Marian University Code of Student Rights and Responsibilities.

Note: Failure to participate in an online course or attend a classroom based course does not drop a student from the class and may result in the loss of financial aid. Non-attending and non-participating students will be charged 100% of the tuition and a grade of "F" will be recorded.

## Methods of Evaluation

A course grade of C (73%) is necessary in this course to be applied to the Nutrition, Fitness, & Wellness major.

Assignments are graded in regard to completeness, accuracy, quality (including English grammar, spelling and composition skills, thoroughness and neatness), compliance with guidelines and promptness. Late assignments will be deducted 10% for 3 days, with no late assignments accepted after that time.

Exams consist of multiple choice questions in which the student applies knowledge, analysis, and critical thinking skills. There are 3 scheduled unit tests and one final. Unit tests are 40 points each and the final 100 points. NOTIFICATION OF ABSENCE MUST BE MADE TO THE INSTRUCTOR PRIOR TO AN EXAM. Make-up examinations must be taken on the assigned day. The test may be administered via an essay or multiple choice formats. The University's Code of Academic Integrity will be strictly enforced as listed in the university catalog.

Grading will be determined as follows:

Exams	Three exams worth 40 points each	120 points
Comprehensive Final	One final	100 points
Assignments	Four assignments worth 15 points each	60 points
Worksheets	Two worksheets worth 10 points each	20 points
	<b>Total:</b>	<b>300 points</b>

Grading Scale:

### GRADE PERCENTAGE

A	93 - 100
A-	90 - 92 %
B+	88 - 89 %
B	83 - 87 %
B-	80 - 82 %
*C+	77 - 79 %
C	73 - 76 %
C-	70 - 72 %
D+	67 - 69 %
D	60 - 66 %
F	<60 %

## Policies

### **Student Code of Rights and Responsibilities:**

The student is responsible for reading and abiding by the policies, philosophies of conduct, and expectations of MAP and Marian University as stated in the MAP Student Handbook and the Student Code of Rights and Responsibilities Handbook. The information can be found in the [Student Resources Module](#).

### **Academic Integrity:**

The search for truth, the transmission of knowledge, and the facilitation of moral development are the avowed goals of institutions of higher education around the world. Members of the Marian University community are expected to maintain the highest level of honesty in every phase of their academic lives and to help create and promote an ethical atmosphere in which the goals of the University can be fully realized. All Marian University students are responsible for knowing and avoiding academically dishonest behaviors.

If you are not familiar with the guidelines, please refer to the University Code of Students' Rights and Responsibilities.

Plagiarism (using the ideas and/or words of someone else without proper reference) and other forms of cheating are not tolerated. *Students guilty of plagiarism or other forms of cheating are subject to disciplinary action that may include failure in the course or expulsion from the University.* For more details on plagiarism, see reference materials posted in the Introduction module, or refer to the Student Handbook. All assignments will be scanned with TurnItIn, which will successfully detect plagiarism. Thus, be sure to properly cite and reference all sources used.

### **Academic Misconduct:**

The Marian University guidelines for penalties and procedures will be strictly adhered to. If you are not familiar with the guidelines, please refer to the University Code of Students' Rights and Responsibilities.

### **Withdrawal:**

It is the responsibility of the student to know and follow the University policies on academic integrity and class withdrawal.

### **Students with Disabilities:**

Students with disabilities who have proper documentation must contact the Director of Academic Support Services in the Counseling and Consultation Services office to set up a documentation review. If after the review, accommodations are deemed appropriate, an accommodation plan will be developed. As per the ADA (Americans with Disabilities Act) no accommodations can be provided until this process is complete. Contact Marj Batic, Director of Academic Support Services ([mbatic@marian.edu](mailto:mbatic@marian.edu) <mailto:mbatic@marian.edu>); 317.955.6150; or stop by the office in Clare Hall). Note: Students who may require assistance in emergency evacuations should consult with the instructor as to the most appropriate procedure to follow. If there are questions regarding such a procedure, contact Ruth Rodgers, Vice President, Student Success and Engagement/Dean of Students @ [rrodgers@marian.edu](mailto:rrodgers@marian.edu) <mailto:rrodgers@marian.edu> or the Director of Academic Support Services for additional information.

### **All Policies and Procedures:**

Refer to the [Student Resources Module](#).

**Please be advised that all dates and times in Canvas are Eastern Time (ET) by default. Unless you as the student have changed your personal settings due dates and times will appear as ET. Please plan accordingly.**

## Course Summary:

Date	Details
	